Parent and Student Handbook

9.6 USE OF PHYSICAL RESTRAINT

During classroom management and school discipline, all staff and administration will follow the guidelines in R277-609. The following shall be prohibited:

- 1. Physical restraint except when a student:
 - a. Presents a danger of serious physical harm to self or others; or
 - b. Is destroying property;
- 2. Prone, or face-down, physical restraint; supine, or face-up, physical restraint;
- 3. Physical restrain that obstructs the airway of a student or any physical restraint that adversely affects a student's primary mode of communication;
- Mechanical restraint, except those protective, stabilizing or required by law, and device used by law enforcement duties, including seatbelts or any other safety equipment when used to secure students during transportation;
- 5. Chemical restraint, except as:
 - a. Prescribed by a licensed physician, or other qualified health professional acting under the scope of the professional's authority under State law, for the standard treatment of a student's medical or psychiatric condition; and
 - b. Administered as prescribed by the licensed physician or other qualified health professional acting under the scope of the professional's authority under state law;
- 6. Subject to the requirements of R277-609, seclusionary time out, except when a student presents an immediate danger of serious physical harm to self or others.
- 7. For a student with a disability, emergency safety interventions written into a student's individualized education program (IEP), as a planned intervention, unless school personnel, the family, and the IEP team agree less restrictive means which meet circumstances described in R277-608-4 have been attempted, a FBA has been conducted, and a positive behavior intervention plan based on date analysis has been written into the plan and implemented; and
- 8. The policies and procedures explicitly include all the requirements in the rule.

All physical restrain must be immediately terminated when student is no longer an immediate danger to self or others, or if student is in severe distress.

The use of physical restrain shall be for the minimum time necessary to ensure safety and release.

If a staff member, physically restrains a student:

1. The parent or guardian of the student and administration should be notified immediately; and

The staff member may not use physical restraint on a student for more than 30 minutes.